

# Grow Healthy, Grow Strong Newsletter Issue #3 - May 2023



Photo: Health Worker Training - 1 May 2023



## COMING UP NEXT MONTH:

Another big month ahead as we wrap up the first year of the project by planning activities for the next 12 months. We will conduct another health worker training day as we continue to lay the groundwork for community engagement to begin in the coming months. We take the opportunity to thank all those engaged so far for their commitment to this endeavour.

## GROW PROJECT UPDATE

In this first year of the project, one of our main aims is to strengthen the health workforce to understand more about identifying stunting and what to do about it. Grow's project lead Lisa Davidson conducted the second health worker training on 1 May in Kokopo to our focal group of sisters and nurses to discuss several topics and introduce new ideas. One of the key elements, eluded to in our last newsletter, were the growth charts. The idea of these growth charts are to display them at the clinic and be a clear and visual way to see the collective growth of children in the community, as well as a way for parents to track how their child's height. When a child's height is plotted, a sticker will be left on the growth chart for that child so upon their next visit when another height is plotted, a trend can be seen.

The project has also set up a Nutrition Advocacy Group which has already met on three occasions (pictured to the right). This group is key in progressing the nutrition agenda in East New Britain and guiding the GROW project to ensure it meets the needs of the community.



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