

ARE YOU A MAN AGED 50 OR ABOVE?



Join in a study that will help answer important questions about men's ageing health.

Your participation could help us better understand the impact of HIV on ageing.

What is the goal of the study?

To create new knowledge about the role of HIV in the ageing health of people living with HIV compared to men uninfected with HIV.

Because current HIV treatments have been very effective, HIV-positive people have longer and healthier lives. However, research suggests that they are still at a higher risk of age-related illnesses such as heart attacks, some cancers, and becoming frail, compared with HIV-negative people. We want to investigate how much HIV infection increases that risk.

We hope to use this knowledge to improve the health-care of people ageing with HIV into the future.

You are eligible to participate if you:

- Are a man aged 50 years or older
- Are a man who has sex with men
- Are uninfected with HIV

What is involved in the study?

The study will involve 30-45 minutes of your time, answering 3 questionnaires about your health and normal activity, and undergoing a couple of non-invasive tests, which will include timing the speed of your walking, measuring the strength of your grip, and measuring your body composition. We will also ask for a blood sample of 30 mL (about two tablespoons) that will be taken, where possible, at the same time as your routine blood tests, and will be used for measuring markers of immune function and inflammation.

Confidentiality is assured.

For more information and to participate, please contact:

Ms Hui Ling Yeoh

Ph: 0430 901 923

Email: hyeo6@student.monash.edu

Professor Jennifer Hoy

Ph: (03) 9076 6900

Email: jennifer.hoy@monash.edu



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