

Sex, Drugs and Rock 'n' Roll



2015 Results

In 2015 we conducted the *Sex, Drugs and Rock 'n' Roll* survey with young people online. We asked about their sexual behaviors, knowledge of sexually transmitted infections (STIs), alcohol and drug use, mental health and gambling habits. A total of 1001 young people aged 15-29 years took part.

Demographics (n=1001):

- 72% of were female
- 89% were born in Australia
- 50% were aged 21 years or less
- 66% had completed any post-high school education, including uni degrees and TAFE
- 85% lived in a major city
- 61% lived with their parent/s
- 77% spent less than \$120 per week for recreational purposes

Sexual identity:



Sexual health:

• 74% reported that they had ever had sex (vaginal or anal sex)

Of those who were sexually active (n=739):

- 25% reported more than 10 sex partners in their lifetime
- 30% reported a casual partner in the past 12 months
- 47% reported using condoms at last sex
- 43% reported using the oral contraceptive pill at last sex
- 63% reported that they had ever had an STI test
- Only 3% reported ever using the injection Depo Provera as a form of contraception
- 16% reported ever using an implanon as a form of contraception

Knowledge of STIs:



Alcohol use:

- 21% reporting drinking alcohol for the first time when they were 15 years old
- 88% reported drinking alcohol in the past 12 months

- Of those who reported drinking alcohol, 14% reported binge drinking (six or more drinks in one sitting) more than weekly
- 31% reported that they or someone else had ever been injured because of their drinking
- 48% reported that their parents had bought them alcohol when they were underage

We asked young people if they had "liked" any alcohol-related content on Facebook:



Drug use

- 54% reported that they had ever used drugs
- Of those who had ever used drugs (n=545)
 - 61% (330 people) reported using drugs in the past month
- 21% reported that they were current smokers
- 2% reported using synthetic cannabinoids (such as Kronic)
- 1% reported using 25I-NBOMe and other NBOMe drugs (which have been sold as 'legal' LSD)



Common drugs used in the past month

- 6% reported using a detox or laxative in the past 12 months
- Females were significantly more likely than males to use a detox or laxative in the past 12 months

Mental health and lifestyle

- 4% reported using anti-depressants in the past 12 months
- Females were more likely than males to report a mental health problem
- 67% reported that their overall mental health was excellent, very good or good.



Overall mental health rating

Sexting



Pornography

Of those who had ever watched pornography (n=864):



Frequency of watching porn in the past year

- Males were significantly more likely than females to report watching porn on a daily or almost daily basis (37% of males compared to 4% of females)
- Over 50% of those who had ever watched porn first viewed porn between the ages of 10 and 14 years

Apps

- 38% of participants reported using Tinder in the past 12 months
- Males were significantly more likely than females to report using Tinder in the past 12 months (46% of males compared to 35% of females)
- 74% reported using Snapchat in the past 12 months
- 3% reported using Grindr in the past 12 months

Gambling

• 74% reported that they had not gambled in the past 12 months

Common gambling types included:



Festival attendance:

• 59% of young people had attended any festival in the past three years. Most common festivals included:

